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COMMUNITY NEWSLETTER

FAMILY SERVICE CENTER | THE CENTER FOR MENTAL
HEALTH & WELLBEING

(FSC) is the only non-profit agency in Southeast Texas that provides comprehensive outpatient mental health counseling services to its residents regardless of ethnicity, gender, age, diagnosis, or economic status. We believe that the family is the basis and essential institution that needs to be supported and strengthened so that children, adults, and our communities can function well and live as optimally as possible.

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Message from the CEO

Since our founding in 1914, Family Service Center (FSC) has been committed to strengthening families, communities, and individuals through mental health, education, and prevention. As mental health challenges and social stressors continue to impact Southeast Texas and surrounding counties, FSC remains dedicated to providing accessible, affordable, and quality care across Fort Bend, Brazoria, Galveston, Chambers, Liberty, and Southeastern Harris Counties.

Over the past year, we've significantly expanded our reach in treatment, education, and prevention through school-based clinics, victims of crime programs, juvenile justice, veteran's programs, and our fatherhood and integrated care initiatives.

As we celebrate 110 years of service, I am filled with gratitude for the progress we've made together. This year has been marked by growth, innovation, and a deepened commitment to our communities.

New Programs and Expanding Impact

In response to the growing needs of Southeast Texas, we've launched several new programs to enhance mental health support. We're expanding services for teen parents in ISDs and charter schools, introducing "Project Parenthood" to support both fathers and mothers, and launching the "HEROES" program to address the mental health needs of Veterans, their dependents, and surviving spouses. These programs ensure that no one is left behind.

Reaching More with New Locations and Collaborations

We've opened new satellite locations to serve underserved populations, particularly in mental health deserts. Visit our website for more details. New partnerships with The Spindletop Center and the Texas Veterans Commission have enhanced our ability to provide comprehensive care. Our increased presence in ISDs and the community underscores our commitment to community mental health.

As we look ahead, I'm confident the coming year will bring even more opportunities to innovate and serve. Together, we are making a profound difference.

Thank you for being part of this journey. Here's to another year of growth, collaboration, and impactful service.

Best,

Dr. Jared M. Williams, DBA
Chief Executive Officer



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Community Health Update

Family Service Center (FSC) is enhancing mental health care in Southeast Texas through its comprehensive case management services. Focused on providing personalized support, our case management program helps individuals navigate mental health challenges by connecting them with the right resources, including therapy, medication management, housing assistance, and more. By working closely with clients and their families, FSC aims to improve access to care, reduce barriers, and ensure consistent follow-up. This program is especially crucial in rural and underserved areas, where access to mental health services is often limited.

With a focus on early intervention and long-term well-being, FSC is committed to fostering stronger, healthier communities across Southeast Texas. Our case management program collaborates with St. Vincent's House, Grace Clinic, and recently started partnering with Galveston Housing Plus to improve clients' clinical, functional, emotional, and psychological status.



Brittany Green, LCDC-A
Director of Community Health

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HEROES—A Veteran Mental Health Program

The Heroes Program located in both Galveston and Texas City includes two service categories that jointly provide counseling and treatment to veterans, their dependents, and surviving spouses who live in Texas. We address various diagnosed conditions, to improve quality of life, relationships, outlook, and successful incorporation within communities. We recognize that many veterans suffer from a full range of mental health services—including case management, relapse prevention, diagnostics, treatment, rehabilitation, education, counseling, and community resources and support. We further understand that the complexity and extensiveness of challenges faced by veterans varies and are the result of multifaceted interactions of many factors.

This is why our Heroes Program includes two service categories, Certified Peer Support Services, who served in the U.S. Army forces, and Clinical Therapy Services, provided by Texas Licensed mental health professionals that promotes mental health safety and welfare, a safe haven for families, and assistance in circumnavigating situational problems in everyday life. We provide support, build relationships and rapport, and create opportunities for positive holistic change the lives of Veterans.

Our program serves Veterans, surviving spouse, and dependents in Galveston, Ft. Bend, and Harris counties (Southeast, Texas).



James Harris, LMSW, LCDC
Director of HEROES

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Family & Youth Success Program (FAYS)

In FY 24, our FAYS clinicians continued to make connections and to provide services in 11 local schools encompassing three school districts and a charter school system as well as in our Texas City and Market Street offices. Clinicians from Friendswood to the far end of Galveston Island provided education, therapy, and supportive services to our students and their families, meeting them where they are at both physically in their neighborhood schools and emotionally as well.

Serving over 600 youth at any given time between the ages of 4 and 18, the FAYS clinicians help children, and their families navigate everyday issues as well as complex mental health matters. Whether calling on our county's mental health deputies to help us assist families in crisis to creating groups that help parents meet today's issues head on, the FAYS program is ready to step in and provide services to our community.

Our Fatherhood program has been redesigned and will be included in a new initiative called Project Parenthood. Project Parenthood will seek to support all parents and parent figures in Southeast Texas. We are offering groups for mothers, fathers, grandparents; anyone who would like to feel connected to others who are also raising children in our community.

We thank our funders for supporting us so that we can assist our families in protecting and nurturing the children of Galveston and Southeast Texas.



Angela Baehr
Director of School Based Care



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Rural Mental Health

Things are really happening in Chambers and Liberty counties as we prepare for some big changes! Family Service Center has been creating valuable partnerships and will be participating in various outreach events with organizations like the Chambers County Veterans Association, Juvenile Probation, and Baytown/Chambers' United Way.

In fiscal year 2025, FSC will focus on increasing access to care by opening a new location in Baytown. Access to mental health services in rural communities is often limited, leaving many individuals without the support they need. Addressing this gap is critical to improving overall health outcomes and well-being in these areas. By expanding mental health resources and increasing access to care, particularly through community-based programs and telehealth services, rural populations can receive early intervention and treatment.

These efforts are essential in reducing the stigma around mental health, preventing crises, and fostering resilience in individuals and families living in rural communities. Stay tuned—we'll soon be sharing the address of our newest office location!



Kate O'Donnell, LMSW
Director of School Based Care



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Victims of Crime Program

Earlier this year, FSC signed MOUs with Empowerment Network (a nationwide human trafficking survivors network and support service) and There is Hope For Me, an organization based in San Antonio that provides peer support and resources to survivors of human trafficking. We collaborated with them to provide VOCA services, including a virtual support group. We also refer clients to programs like these to promote wrap around services beyond counseling that reduce their risk of being trafficked.

Additional collaborative relationships and community partnerships are forming through ongoing participation in MICSA (a multi-agency, multi-county, coalition that engages in psychoeducation, identifying and sharing resources, and networking for survivors of crime.) VOCA staff also participate in and present at various college, police department, and DA office hosted events. These are examples of many relationships we have built to increase awareness of our services and increase referrals.

Our services have reached additional counties outside of the greater Houston area as FSC continues to grow and expand. Specifically, our services have been utilized by clients from Georgetown to Port Arthur, Texas.

In regard to continuation of funding, VOCA has received a grant from the office for Victims of Crime that will allow us to continue to meet the mental health needs of survivors in Galveston County and other parts of the state. VOCA staff will also have the opportunity to be trained in EMDR which is considered the gold standard of trauma treatment to create lasting change in our client's lives.



Kelli Toler, LMFT
Director of VOCA



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SMART Innovations & Prevention

For fiscal year 2025, FSC was approved for the Supporting Mental Health and Resiliency in Texas (SMART Innovations) Grant. We are thrilled about the opportunities this initiative creates for our organization to provide preventative services to the community.

The Supporting Mental Health and Resiliency in Texas (SMART) Innovations initiative, funded by a \$30 million appropriation from the 88th Texas Legislature, is designed to transform mental health services by promoting early identification and intervention for children and families. By backing community-based programs, SMART Innovations aims to address mental health needs before they escalate into crises, offering innovative strategies to improve access to care and foster long-term resilience.

This initiative represents a significant shift from focusing solely on crisis intervention to prioritizing prevention and early treatment, ultimately enhancing outcomes for individuals, families, and communities across Texas.



Justine Smith, LPC
Director of SMART Innovations



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Update-Placeholder



FY 24 Data



Jade Harris
Chief Administrative Officer



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Update from the Development Officer

As we close the fiscal year 2024, I am reminded of a song from my childhood: “Make new friends and keep the old; one is silver and the other gold.” This year, we have achieved significant growth, fostered strong partnerships, and worked as a team to reach new heights. We have not only nurtured and expanded our existing programs and partnerships but also created new opportunities through additional funding. This has allowed us to focus on our top priority of providing accessible, affordable, and top-tier mental health care to everyone in need within the Southeast Texas community.

We look forward to continuing this momentum into the next fiscal year, and we thank you for your continued support and contributions. Rest assured, our commitment to our mission remains unwavering, and together, we will do great things!



Cynthia Smith
Chief Development Officer

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TO OUR FOUNDATION, CORPORATE & COMMUNITY PARTNERS:
Thank you for your invaluable support. We look forward to continuing this journey together and making a lasting impact.



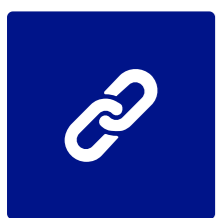
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Fiscal Year 2024 Financial Report

As we close the fiscal year 2024, I am pleased to report that Family Service Center (FSC) has continued to demonstrate financial resilience and strategic growth. Despite the challenges faced across various sectors, we have successfully balanced our commitment to expanding services while maintaining a strong financial foundation. Here are some key highlights of our fiscal performance:

- 1. Revenue Growth:** FSC saw a 15% increase in overall revenue compared to the previous fiscal year, driven primarily by increased funding from grants, donations, and partnerships.
- 2. Expenditure Management:** Our focus on financial discipline has allowed us to manage expenditures effectively. Program-related spending, which remains our largest investment area, accounted for 87% of total expenditures. This ensures that the majority of our resources are directed towards supporting our mission of delivering mental health services, expanding access points, and enhancing program offerings for underserved communities.
- 3. New Investments:** This fiscal year, we made strategic investments in new programs and locations, such as the expansion of services into Fort Bend and Brazoria Counties, Southeastern Houston, and Baytown Communities, which align with our long-term goals.
- 4. Future Outlook:** As we look ahead, we remain committed to expanding services, increasing partnerships, and continuing to address mental health needs in our community. Our strategic financial planning will focus on further diversifying funding sources, controlling costs, and making targeted investments in programs like the Veterans Mental Health and Community-Based Mental Healthcare.

In summary, FSC is in a strong financial position, allowing us to pursue growth opportunities while maintaining fiscal responsibility. I am confident that with continued stewardship and focus on our mission, we will meet the challenges and opportunities of the upcoming fiscal year. Please click the below link for more financial information.



Maryanne Termini
Chief Financial Officer

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FSC in The Community



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Introducing Our New Logo



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Our New Logo



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The logo of Family Service Center, with its prominent arch, symbolizes not only connection and resilience but also the organization's commitment to providing comprehensive support across the entire lifespan. Just as the arch spans from one end to the other, Family Service Center offers services from the beginning of life through adulthood and into older age, ensuring continuity of care and support through every stage. The phrase "The Center for Mental Health & Wellbeing" underscores our mission to be a central, accessible place where individuals and families can turn for guidance, healing, and growth.

The "Est. 1914" notation reflects FSC's rich history and deep roots in the community, a reminder of the generations of impact and service that have come before us. This logo doesn't just represent an organization; it embodies a legacy of hope, support, and transformation for people of all ages and backgrounds. As we step into the future, the arch remains a symbol of bridging gaps in care and fostering lifelong connections that strengthen our communities.

The golden line in the logo brings an additional layer of meaning, representing a guiding light, a path forward, and the spark of hope that Family Service Center aims to provide for everyone who comes through our doors. To me, this line serves as a visual reminder of our commitment to excellence, integrity, and the high standard of care we strive to maintain. Its warm, golden color suggests compassion, warmth, and positivity — values that are essential in mental health and wellbeing.

In a way, the golden line acts as a connector, bridging the legacy of FSC's past with the promise of its future. Just as it divides and unites the two halves of the logo, it symbolizes the way FSC integrates tradition with innovation, steadfastly honoring its 110-year history while also reaching forward to address evolving community needs.

Altogether, the arch, the golden line, and the text create a powerful symbol of stability, continuity, and hope, showing that FSC is here to walk alongside our clients on their journeys, providing a steady source of support every step of the way.

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Stay Connected



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2024 Board of Directors

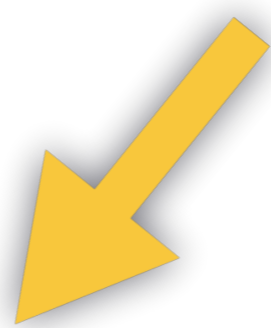


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With your investment towards Family Service Center, we can provide support and guidance so that every child, adult, and family has the opportunity to be happy and healthy.

TOGETHER, WE CAN FOSTER A HEALTHY
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