

## ABOUT US

Family Service Center works with people every day to provide support, build relationships, and create opportunities for positive change to promote mental health and wellbeing.

**At Family Service Center, we believe that every child, adult and family deserves opportunities to be happy and healthy.**

As a Trauma-Informed Care agency, FSC provides hope and healing to those in need.

Counseling children struggling with emotional and behavioral issues.

Providing hope and healing to victims of abuse and crime.

Equipping parents with tools they need to raise thriving, health children.



**FSC's Goal** is to make services available and accessible to all people, regardless of income. While the majority of clients access services at no cost through grant funded programs individuals can also access counseling services through:

- Private Insurance
- Medicare
- Medicaid
- Reduced Fees

## CONTACT US

FSC'S intake team can connect you with a skilled therapist to join you in your journey to improve your mental health wellbeing.

Call us at **409-762-8636** to speak with an intake specialist.

### HOURS OF OPERATION

Monday - Thursday: 7:30am - 7pm  
Friday: 8am - 1pm



THE  
CENTER  
FOR  
MENTAL  
HEALTH &  
WELLBEING



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## EASILY ACCESSIBLE LOCATIONS

### GALVESTON LOCATION

2200 Market Street, Suite 600,

Galveston, Texas 77550

Phone: 409-762-8636 Fax: 409-762-4185

### MAINLAND LOCATION

10000 Emmett F. Lowry Expressway, Suite 4000-300D

Texas City, Texas 77591

Fax: 409-938-4849



This program is supported by a grant from the Texas Veterans Commission Fund for Veterans' Assistance. The Fund for Veterans' Assistance provides grants to organizations serving veterans and their families. For more information, visit [www.tvc.texas.gov](http://www.tvc.texas.gov).

# Heroes

Helping Empower the Recovery of Our Esteemed Soldiers

## VETERANS PROGRAM





The Heroes Program includes two service categories that collectively provide counseling and treatment to veterans and their families who live in Texas. We address diagnosed conditions to improve quality of life, relationships, outlook, and successful integration within communities.

**Clinical Counseling Services:**

PTSD

Mood Disorders

Marriage/Family/Relationship Concerns

Substance Use Disorders

Suicide Ideation and Behaviors

Peer Support Services

Anxiety Disorders

Adjustment Disorders

**PROGRAM**

**Peer Support Services:**

This service is provided by Certified Peer Support Specialists that contributes to the client’s rehabilitation and recovery. Peer Support Services are provided in a non-clinical environment consisting of retreats, field trips, off-sites, seminars, and/or similar gatherings.



Certified Peer Support Specialists consists of individuals who served in the U.S. Armed Forces or credential social workers, and Texas Licensed Mental Health Professionals (LMHP) that completed Military Informed Care (MIC)/Military Cultural Competency (MCC) training.

**WHO WE SERVE**

Veterans, Dependents, and Surviving Spouses



**THE MISSION**

To promote the mental health and wellbeing of individuals and families through counseling, education and prevention.

**FSC promotes mental health wellbeing by providing a safe harbor for children, individuals and families as they navigate life's rough waters.**

**Our work is designed to foster thriving, healthy veterans, dependents, and surviving spouses across Southeast Texas.**

**WWW.FSCGAL.ORG**