



**DePelchin**  
CHILDREN'S CENTER

*A brighter tomorrow for  
children and families in Texas.*

**MOORE  
MEMORIAL PUBLIC  
LIBRARY**



# MOTHERS & BABIES PARENTING GROUPS

Join our 6-week evidenced based curriculum group provided once a week at Moore Memorial Public Library starting every Friday, April 12, 2024 through May 17, 2024 from 10am-12pm

**CLASS STARTS  
FRIDAY  
APRIL 12TH  
AT 10AM TO  
12PM**

- Do you want: to:
- Build healthy communication,
  - Learn stress management,
  - Healthy bonding with your baby
  - Helpful information about your pregnancy
  - Learn more about your baby's development
  - Learn strategies, including mindfulness practices, for paying attention to your mood

**Location :**  
Moore Memorial Public  
Library

**TO REGISTER**

